

**Middle School Breakfast Menu  
August 2018**

**Menu Subject to Change**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>13</b> 	<b>14</b>	<b>15</b> <u>Choose One</u> Yogurt With Fruit & Toast Pop Tart Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>16</b> <u>Choose One</u> Yogurt With Fruit & Toast Mini Cinni Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>17</b> <u>Choose One</u> Yogurt With Fruit & Toast Donut Cereal & Wheat Toast Fruit or Juice Milk Variety
<b>20</b> <u>Choose One</u> Yogurt With Fruit & Toast Blueberry Muffin Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>21</b> <u>Choose One</u> Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>22</b> <u>Choose One</u> Yogurt With Fruit & Toast Hot Honey Bun Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>23</b> <u>Choose One</u> Yogurt With Fruit & Toast Scrambled Eggs & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>24</b> <u>Choose One</u> Yogurt With Fruit & Toast Pancake Sausage On A Stick/Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety
<b>27</b> <u>Choose One</u> Yogurt With Fruit & Toast Bagel Ful Cereal & Wheat Toast Fruit or Juice Milk	<b>28</b> <u>Choose One</u> Yogurt With Fruit & Toast Pancakes & Syrup Cereal & Wheat Toast Fruit or Juice Milk	<b>29</b> <u>Choose One</u> Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk	<b>30</b> <u>Choose One</u> Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk	<b>31</b> <u>Choose One</u> Yogurt With Fruit & Toast Mini Cinni Cereal & Wheat Toast Fruit or Juice Milk

**Middle School Lunch Menu  
August 2018**

**Menu Subject to Change**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>13</b>	<b>14</b> 	<b>15</b> <b>Early Dismissal No Lunch Will Be Served</b>	<b>16</b> BBQ Pork on Bun OR Pizza Chips Baked Beans Juice Milk Variety	<b>17</b> Hot Ham & Cheese on Bun OR Chicken Wrap/Ranch Cheetos Carrot & Celery Sticks Ranch Fruit Milk Variety
<b>20</b> Cheese Sticks & Sauce OR Chicken Strips /Ketchup Carrots Fruit Chocolate Pudding Milk Variety	<b>21</b> Chicken Nuggets Bread & Margarine OR Pretzel Roll Sandwich BBQ Sauce/Ketchup Broccoli Juice Milk Variety	<b>22</b> Spaghetti & Meat Sauce Hot Roll & Margarine OR Toasted Ravioli/Sauce Salad & Dressing Fruit Milk Variety	<b>23</b> Toasted Cheese Sandwich OR Taco Salad Baked Beans Juice Scooby Fruit Snack Milk Variety	<b>24</b> Pepperoni Pizza OR Chili Crispito Corn Fruit Jell-O Milk Variety
<b>27</b> Hot Dog on Bun Ketchup & Mustard OR Hot Roast Beef On Croissant Baked Beans Fruit Milk Variety	<b>28</b> Hamburger on Bun OR Sub Sandwich Ketchup/Mustard/Pickle French Fries Juice Milk Variety	<b>29</b> Turkey & Cheese Wrap/Ranch OR Chicken Quesadilla Spring Salad & Dressing Fruit Chocolate Chip Cookie Milk Variety	<b>30</b> Nacho's With Meat Cheese Sauce/Salsa OR Chicken Patty On Bun Green Beans Juice Milk Variety	<b>31</b> Fish Stick & Ketchup OR Big Daddy Pizza Carrots Fruit Milk Variety

A Peanut Butter & Jelly Sandwich may be substituted for any main entrée.

If you feel your child may qualify for free or reduced status, forms are available in the school office, or on the District Food Service homepage. **HOWEVER, YOU ARE STILL RESPONSIBLE FOR ANY CHARGES YOU MAY INCUR PRIOR TO APPROVAL. EXTRA MILK, AND MILK PURCHASED WITH A SACK LUNCH ARE NOT INCLUDED AS FREE LUNCH BENEFITS.**

For more information regarding federal guidelines, please visit [www.choosemyplate.gov](http://www.choosemyplate.gov). This site also includes ideas for meals, exercise, and activities focusing on healthy living.

**Breakfast Price \$1.55**  
**Reduced Price \$ .30**  
**Adult Breakfast \$2.30**  
**Lunch Price \$2.55**  
**Reduced Price \$ .40**  
**Adult Lunch \$3.40**  
**Milk .50¢**