

**Middle School Breakfast Menu
October 2017**

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Choose One Yogurt With Fruit & Toast Bagel & Cream Cheese Cereal & Wheat Toast Fruit or Juice Milk Variety	3 Choose One Yogurt With Fruit & Toast Pancakes & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	4 Choose One Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	5 Choose One Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk Variety	6 No School Teacher's In-Service Day 
9 No School Columbus Day 	10 Choose One Yogurt With Fruit & Toast Pop Tart Cereal & Wheat Toast Fruit or Juice Milk Variety	11 Choose One Yogurt With Fruit & Toast French Toast & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	12 Choose One Yogurt With Fruit & Toast Breakfast Sandwich Cereal & Wheat Toast Fruit or Juice Milk Variety	13 Choose One Yogurt With Fruit & Toast Mini Cinni Cereal & Wheat Toast Fruit or Juice Milk Variety
16 Yogurt With Fruit & Toast Muffin Cereal & Wheat Toast Fruit or Juice Milk Variety	17 Choose One Yogurt With Fruit & Toast Waffle & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	18 Choose One Yogurt With Fruit & Toast Scrambled Egg & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	19 No School Parent - Teacher Conferences	20 No School Parent - Teacher Conferences
23 Choose One Yogurt With Fruit & Toast Donut Cereal & Wheat Toast Fruit or Juice Milk Variety	24 Choose One Yogurt With Fruit & Toast Biscuits & Gravy Cereal & Wheat Toast Fruit or Juice Milk Variety	25 Choose One Yogurt With Fruit & Toast Pancake & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	26 Choose One Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	27 Choose One Yogurt With Fruit & Toast Frudel Cereal & Wheat Toast Fruit or Juice Milk Variety
30 Choose One Yogurt With Fruit & Toast French Toast Sticks Cereal & Wheat Toast Fruit or Juice Milk Variety	31 Choose One Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	1 Choose One Yogurt With Fruit & Toast Hot Honey Bun Cereal & Wheat Toast Fruit or Juice Milk Variety	2 Choose One Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	3 Choose One Yogurt With Fruit & Toast Pancake Sausage on a Stick Cereal & Wheat Toast Fruit or Juice Milk Variety

Middle School Lunch Menu

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog on Bun Hot Roast Beef On Croissant Ketchup & Mustard Baked Beans Fruit Scooby Snack Milk Variety	3 Hamburger on Bun Sub Sandwich Ketchup/Mustard/Pickle French Fries Juice Milk Variety	4 Turkey & Cheese On Bun Chicken Strip & Sauce Baked Cheetos Spring Salad & Dressing Fruit Milk Variety	5 Nacho's With Meat Cheese Sauce/Salsa Cayenne Chicken on Bun Green Beans Juice Milk Variety	6 No School Teacher's In-Service Day
9 No School Columbus Day 	10 Chicken Nuggets BBQ Sauce/Ketchup Hamburger on Bun Mashed Potatoes & Gravy Juice Milk Variety	11 Texas Straw Hats Big Daddy Pizza Pinto Beans Fruit Scooby Graham Milk Variety	12 Garlic Chicken Pasta Bake Mini Burrito Salad & Dressing Juice Pudding Milk Variety	13 Fish Ketchup & Mustard Bread & Margarine Chicken Quesadilla Green Beans Fruit Milk Variety
16 Hamburger on Bun Ketchup/Mustard/Pickle BBQ Rib on Bun/Pickle French Fries Fruit Milk Variety	17 Chicken Bowl Salisbury Steak Bread & Margarine Mashed Potatoes & Gravy Juice Milk Variety	18 Cheese Pizza Chicken Strips Spring Salad & Dressing Fruit Milk Variety	19 No School Parent - Teacher Conferences	20 No School Parent - Teacher Conferences
23 Chicken Fajitas Lettuce/Cheese/Salsa Cayenne Kicker on Bun Carrots Fruit Milk Variety	24 Breakfast For Lunch Egg & Cheese Patty Sausage Links Hot Dog on Bun Hash Brown & Ketchup Juice Milk Variety	25 Homemade Chicken Noodle Soup Cheese Stick Big Daddy Pizza Spring Salad & Dressing Fruit Rice Krispy Square Milk Variety	26 Macaroni & Cheese W/Ham Hamburger on Bun Broccoli Juice Milk Variety	27 Corn Dog Hot Turkey & Cheese on Croissant Bake Beans Fruit Brownie Milk Variety
30 Cheese Sticks & Sauce Toasted Cheese Sandwich Baked Beans Juice Milk Variety	31 Halloween Nuggets Sauce/Ketchup Fiesta Mashed Potatoes & Gravy Orange Applesauce Trail Mix W/ Candy Corn Milk Variety	1 Spaghetti & Meat Sauce Hot Roll & Margarine Hamburger on Bun Salad & Dressing Peaches Milk Variety	2 Sweet & Sour Chicken Egg Roll & Sauce Rice Peas Juice Jell-O Milk Variety	3 Pepperoni Pizza Taco Salad Corn Mixed Fruit Milk Variety

A Peanut Butter & Jelly Sandwich Be substituted For Any Main Entrée.

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