



**Middle School Breakfast Menu
January 2018**

Menu Subject to Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| 1 NO SCHOOL Winter Break | 2 NO SCHOOL Winter Break | 3 <u>Choose One</u> Yogurt With Fruit & Toast Poptart Cereal & Toast Fruit or Juice Milk Variety | 4 <u>Choose One</u> Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Toast Fruit or Juice Milk Variety | 5 <u>Choose One</u> Yogurt With Fruit & Toast French Toast Sticks Cereal & Toast Fruit or Juice Milk Variety |
| 8 <u>Choose One</u> Yogurt With Fruit/Toast Breakfast Pizza Cereal & Toast Fruit & Juice Milk Variety | 9 <u>Choose One</u> Yogurt With Fruit/Toast Mini Bagel Cereal & Toast Fruit & Juice Milk Variety | 10 <u>Choose One</u> Yogurt With Fruit/Toast Oatmeal & Toast Cereal & Toast Fruit & Juice Milk Variety | 11 <u>Choose One</u> Yogurt With Fruit & Toast Scrambled Eggs & Toast Cereal & Toast Fruit & Juice Milk Variety | 12 <u>Choose One</u> Yogurt With Fruit & Toast Pancake Sausage On A Stick/Syrup Cereal & Toast Fruit & Juice Milk Variety |
| 15 No School  Martin Luther King's Birthday | 16 <u>Choose One</u> Yogurt With Fruit & Toast Pancakes & Syrup Cereal & Toast Fruit & Juice Milk Variety | 17 <u>Choose One</u> Yogurt With Fruit & Toast French Toast & Syrup Cereal & Toast Fruit or Juice Milk Variety | 18 <u>Choose One</u> Yogurt With Fruit & Toast Breakfast Sandwich Cereal & Toast Fruit or Juice Milk Variety | 19 <u>Choose One</u> Yogurt With Fruit & Toast Breakfast Pizza Cereal & Toast Fruit or Juice Milk Variety |
| 22 <u>Choose One</u> Yogurt With Fruit & Toast Blueberry Muffin Cereal & Toast Fruit or Juice Milk Variety | 23 <u>Choose One</u> Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Toast Fruit or Juice Milk Variety | 24 <u>Choose One</u> Yogurt With Fruit & Toast Cereal & Toast Oatmeal & Toast Fruit or Juice Milk Variety | 25 <u>Choose One</u> Yogurt With Fruit & Toast Breakfast Sandwich Cereal & Toast Fruit or Juice Milk Variety | 26 <u>Choose One</u> Yogurt With Fruit & Toast Donut Cereal & Toast Fruit or Juice Milk Variety |

**Middle School Lunch Menu
January 2018**

Menu Subject to Change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| 1 NO SCHOOL Winter Break | 2 NO SCHOOL Winter Break | 3 Cheese Pizza Egg Roll Rice Green Beans Fruit Milk Variety | 4 Homemade Chicken Noodle Soup & Cracker Cheese Stick Fiestada Spring Salad & Dressing Juice Scooby Graham Milk Variety | 5 Ravioli & Cheese Cup Bread & Margarine Taco Salad Corn Fruit Milk Variety |
| 8 Cheese Stick & Sauce Chicken Strips/Ketchup Carrots Fruit Milk Variety | 9 Chicken Nuggets BBQ Sauce/Ketchup Panini Sandwich Mashed Potatoes/Gravy Juice Milk Variety | 10 Spaghetti & Meat Sauce Roll & Margarine Chicken Quesadilla Spring Salad & Dressing Fruit Milk Variety | 11 Toasted Cheese Sandwich Hamburger on Bun Baked Beans Juice Milk Variety | 12 Pepperoni Pizza Hot Chicken & Cheese Sandwich Green Beans Fruit Milk Variety |
| 15 No School  Martin Luther King's Birthday | 16 Hamburger on Bun Ketchup/Mustard/Pickle Chicken Patty on Bun French Fries Juice Milk Variety | 17 Turkey & Cheese On Bun Big Daddy Pizza Salad & Dressing Fruit Milk Variety | 18 Nacho's With Meat Cheese Sauce/Salsa Cayenne Chicken on Bun Green Beans Juice Milk Variety | 19 Fish Strip & Ketchup Buttered Noodle Sausage Pizza Broccoli Fruit Milk Variety |
| 22 Cheeseburger Helper Bread & Margarine Chicken Spring Salad & Dressing Juice Milk Variety | 23 Chicken Nuggets BBQ Sauce/Ketchup Salisbury Steak Mashed Potatoes/Gravy Fruit Milk Variety | 24 Texas Straw Hats Big Daddy Pizza Pinto Beans Fruit Scooby Fruit Snack Milk Variety | 25 BBQ Pork on Bun Chili Crispito Carrots Juice Milk Variety | 26 Corn Dog Ketchup & Mustard Taco Salad Green Beans Fruit Milk Variety |

Main Entrée Substitutions:

Peanut butter & Jelly Uncrustable - Offered Daily

