



High School  
Breakfast Menu October 2018

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Choose One</b> Yogurt With Fruit & Toast B a g e l f u l l s Cereal & Wheat Toast Fruit or Juice Milk Variety	2 <b>Choose One</b> Yogurt With Fruit & Toast Pancakes & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	3 <b>Choose One</b> Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	4 <b>Choose One</b> Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk Variety	5 <b>NO SCHOOL</b>  <b>TEACHER'S IN-SERVICE</b> 
8 <b>NO SCHOOL COLUMBUS DAY</b> 	9 <b>Choose One</b> Yogurt With Fruit & Toast Waffle & Chicken Sand Cereal & Wheat Toast Fruit or Juice Milk Variety	10 <b>Choose One</b> Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	11 <b>Choose One</b> Yogurt With Fruit & Toast Breakfast Sandwich Cereal & Wheat Toast Fruit or Juice Milk Variety	12 <b>Choose One</b> Yogurt With Fruit & Toast S c r a m b l e d E g g & T o a s t Cereal & Wheat Toast Fruit or Juice
15 <b>Choose One</b> Yogurt With Fruit & Toast Donut Cereal & Wheat Toast Fruit or Juice Milk Variety	16 <b>Choose One</b> Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk Variety	17 <b>Choose One</b> Yogurt With Fruit & Toast Pancake & Syrup Wheat Toast Fruit or Juice Milk Variety	18 <b>Choose One</b> Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	19 <b>Choose One</b> Yogurt With Fruit & Toast French Toast Sticks/Syrup Cereal & Wheat Toast Fruit or Juice
22 <b>Choose One</b> Yogurt With Fruit & Toast Poptart Cereal & Wheat Toast Fruit or Juice Milk Variety	23 <b>Choose One</b> Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	24 <b>Choose One</b> Yogurt With Fruit & Toast Bosco Breakfast Stick Cereal & Wheat Toast Fruit or Juice Milk Variety	25 <b>No School Parent - Teacher Conferences</b>	26 <b>No School Parent - Teacher Conferences</b> 
29 <b>Choose One</b> Yogurt With Fruit & Toast H a m & C h e e s e B i s c u i t Cereal & Wheat Toast Fruit or Juice Milk Variety	30 <b>Choose One</b> Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	31 <b>Choose One</b> Yogurt With Fruit & Toast Hot Honey Bun Cereal & Wheat Toast Fruit or Juice Milk Variety	1 <b>Choose One</b> Yogurt With Fruit & Toast Scrambled Egg & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	2 <b>Choose One</b> Yogurt With Fruit & Toast Pancake Sausage On a Sticks/Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety

High School  
Lunch Menu October 2018

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Dog on Bun Hot Roast Beef On Croissant Ketchup & Mustard Baked Beans Fruit Milk Variety	2 Hamburger on Bun Chicken Club Ket./Mustard/Pickle French Fries Juice Milk Variety	3 Hot Chicken & Cheese Wrap/Ranch Pizza Spring Salad & Dressing Fruit Chocolate Chip Cookie Milk Variety	4 Nacho's With Meat & Cheese Sauce/Salsa Chicken Strips Green Beans Juice Milk Variety	5 <b>NO SCHOOL</b>  <b>TEACHER'S IN-SERVICE DAY</b>
8 <b>NO SCHOOL COLUMBUS DAY</b> 	9 Chicken Nuggets Bread & Margarine Hamburger On Bun BBQ Sauce/Ketchup Broccoli Juice Milk Variety	10 Texas Straw Hats Big Daddy Pizza Pinto Beans Fruit Scooby Fruit Snack Milk Variety	11 Chicken & Gravy Bread & Margarine Fiestada Mashed Potatoes & Gravy Juice Milk Variety	12 Corn dog Ketchup & Mustard Chicken Quesadilla Green Beans Fruit Brownie Milk Variety
15 Hamburger on Bun BBQ Rib On Bun Ketchup/Mustard/Pickle French Fries Fruit Milk Variety	16 Hot Ham & Cheese Wrap Taco Salad Carrots Juice Pudding Milk Variety	17 Pizza Chicken Strips Spring Salad & Dressing Fruit Milk Variety	18 Chili & Cracker/Cheese Cup Toasted Ravioli Green Beans Juice Cookie Milk Variety	19 Hot Dog on Bun Ketchup & Mustard Baked Beans Fruit Milk Variety
22 Chicken Fajitas Lettuce/Cheese/Salsa Chili Cheese Max Wrap Carrots Fruit Milk Variety	23 <b>Breakfast For Lunch</b> Scrambled Eggs Pancake Sausage on a Stick Mini Burritos Diced Potatoes & Ketchup Juice Milk Variety	24 BBQ Pulled Pork Big Daddy Pizza Baked Beans Rosey Applesauce Rice Krispy Square Milk Variety	25 <b>No School Parent - Teacher Conferences</b>	26 <b>No School Parent - Teacher Conferences</b>
29 Cheese Sticks & Sauce Chicken Dinner Bowl Carrots Fruit Milk Variety	30 Spaghetti & Meat Sauce Hot Roll & Margarine Hamburger on Bun Salad & Dressing Juice Milk Variety	31 Halloween Nuggets Quesadilla BQ Sauce/Ketchup Broccoli Fruit T r e a t Milk Variety	1 Toasted Cheese Sandwich Wings & Sauce Baked Beans Juice Jell-O Milk Variety	2 Pizza Taco Salad Corn Fruit Milk Variety

\*\* A Peanut Butter & Grape Jelly Uncrustable Or Salad Bar May be substituted for Any Main Entree



