



High School Breakfast Menu August 2018 Menu Subject to Change				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>13</b> 	<b>14</b>	<b>15</b> <b>Choose One</b> Yogurt With Fruit & Toast Pop Tart Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>16</b> <b>Choose One</b> Yogurt With Fruit & Toast Mini Cinni Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>17</b> <b>Choose One</b> Yogurt With Fruit & Toast Donut Cereal & Wheat Toast Fruit or Juice Milk Variety
<b>20</b> <b>Choose One</b> Yogurt With Fruit & Toast Blueberry Muffin Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>21</b> <b>Choose One</b> Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>22</b> <b>Choose One</b> Yogurt With Fruit & Toast Hot Honey Bun Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>23</b> <b>Choose One</b> Yogurt With Fruit & Toast Scrambled Eggs & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	<b>24</b> <b>Choose One</b> Yogurt With Fruit & Toast Pancake Sausage On A Stick/Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety
<b>27</b> <b>Choose One</b> Yogurt With Fruit & Toast Bagel Fuls Cereal & Wheat Toast Fruit or Juice Milk	<b>28</b> <b>Choose One</b> Yogurt With Fruit & Toast Pancakes & Syrup Cereal & Wheat Toast Fruit or Juice Milk	<b>29</b> <b>Choose One</b> Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk	<b>30</b> <b>Choose One</b> Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk	<b>31</b> <b>Choose One</b> Yogurt With Fruit & Toast Mini Cinni Cereal & Wheat Toast Fruit or Juice Milk
High School Lunch Menu August 2018 Menu Subject to Change				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>13</b>	<b>14</b> 	<b>15</b> <b>Early Dismissal</b> <b>No lunch will be served</b>	<b>16</b> BBQ Pulled Pork Pizza Chips Baked Beans Juice Milk Variety	<b>17</b> Hot Ham & Cheese on Bun OR Chicken Wrap/Ranch Cheetos Carrot & Celery Sticks Ranch Fruit Milk Variety
<b>20</b> Cheese Sticks & Sauce OR Chicken Strips & Ketchup Carrots Fruit Chocolate Pudding Milk Variety	<b>21</b> Chicken Nuggets Bread & Margarine OR Pretzel Roll Sandwich BBQ Sauce/Ketchup Broccoli Juice Milk Variety	<b>22</b> Spaghetti & Meat Sauce Hot Roll & Margarine OR Toasted Ravioli & Sauce Salad & Dressing Fruit Milk Variety	<b>23</b> Toasted Cheese Sandwich OR Taco Salad Baked Beans Juice Scooby Fruit Snack Milk Variety	<b>24</b> Pepperoni Pizza OR Chili Crispito Corn Fruit Jell-O Milk Variety
<b>27</b> Hot Dog on Bun Ketchup & Mustard OR Hot Roast Beef On Croissant Baked Beans Fruit Milk Variety	<b>28</b> Hamburger on Bun Ketchup/Mustard/Pickle OR Sub Sandwich French Fries Juice Milk Variety	<b>29</b> Turkey & Cheese Wrap/Ranch OR Chicken Quesadilla Spring Salad & Dressing Fruit Chocolate Chip Cookie Milk Variety	<b>30</b> Nacho's With Meat Cheese Sauce/Salsa OR Cayenne Chicken on Bun Green Beans Juice Milk Variety	<b>31</b> Fish Stick & Ketchup Bread & Margarine OR Big Daddy Pizza Carrots Fruit Milk Variety

**Main Entrée Substitutions:**

Salad Bar & Peanut butter & Jelly Uncrustable - Offered Daily

If you feel your child may qualify for free or reduced status, forms are available in the school office, or on the District Food Service homepage. **HOWEVER, YOU ARE STILL RESPONSIBLE FOR ANY CHARGES YOU MAY INCUR PRIOR TO APPROVAL. EXTRA MILK, AND MILK PURCHASED WITH A SACK LUNCH ARE NOT INCLUDED AS FREE LUNCH BENEFITS.**

For more information regarding federal guidelines, please visit [www.choosemyplate.gov](http://www.choosemyplate.gov). This site also includes ideas for meals, exercise, and activities focusing on healthy living.

**Breakfast Price \$1.55**  
**Reduced Price \$ .30**  
**Adult Breakfast \$2.30**  
**Lunch Price \$2.55**  
**Reduced Price \$ .40**  
**Adult Lunch \$3.40**  
**Milk .50¢**