


Mascoutah, Scott and Wingate Elementary
Breakfast Menu October 2018

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Choose One Yogurt With Fruit & Toast Bagel full Cereal & Wheat Toast Fruit or Juice Milk Variety	2 Choose One Yogurt With Fruit & Toast Pancakes & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	3 Choose One Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	4 Choose One Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk Variety	5 NO SCHOOL TEACHER'S IN-SERVICE 
8 NO SCHOOL COLUMBUS DAY 	9 Choose One Yogurt With Fruit & Toast Waffle & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	10 Choose One Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	11 Choose One Yogurt With Fruit & Toast Breakfast Sandwich Cereal & Wheat Toast Fruit or Juice Milk Variety	12 Choose One Yogurt With Fruit & Toast Scrambled Eggs & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety
15 Choose One Yogurt With Fruit & Toast Donut Cereal & Wheat Toast Fruit or Juice Milk Variety	16 Choose One Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk Variety	17 Choose One Yogurt With Fruit & Toast Pancake & Syrup Wheat Toast Fruit or Juice Milk Variety	18 Choose One Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	19 Choose One Yogurt With Fruit & Toast French Toast Sticks/Syrup Cereal & Wheat Toast Fruit or Juice
22 Choose One Yogurt With Fruit & Toast Poptart Cereal & Wheat Toast Fruit or Juice Milk Variety	23 Choose One Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	24 Choose One Yogurt With Fruit & Toast Bosco Breakfast Stick Cereal & Wheat Toast Fruit or Juice Milk Variety	25 No School Parent - Teacher Conferences	26 No School Parent - Teacher Conferences 
29 Choose One Yogurt With Fruit & Toast Blueberry Muffin Cereal & Wheat Toast Fruit or Juice Milk Variety	30 Choose One Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	31 Choose One Yogurt With Fruit & Toast Hot Honey Bun Cereal & Wheat Toast Fruit or Juice Milk Variety	1 Choose One Yogurt With Fruit & Toast Scrambled Egg & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	2 Choose One Yogurt With Fruit & Toast Pancake Sausage On a Sticks/Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety

Mascoutah, Scott and Wingate Elementary
Lunch Menu October 2018

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Dog on Bun Ketchup & Mustard Baked Beans Fruit Milk Variety	2 Hamburger on Bun Ket./Mustard/Pickle French Fries Juice Milk Variety	3 Hot Chicken & Cheese Wrap/Ranch Spring Salad & Dressing Fruit Chocolate Chip Cookie Milk Variety	4 Nacho's With Meat & Cheese Sauce/Salsa Green Beans Juice Milk Variety	5 NO SCHOOL TEACHER'S IN-SERVICE DAY
8 NO SCHOOL COLUMBUS DAY 	9 Chicken Nuggets Bread & Margarine BBQ Sauce/Ketchup Broccoli Juice Milk Variety	10 Texas Straw Hats Pinto Beans Fruit Scooby Fruit Snack Milk Variety	11 Chicken & Gravy Bread & Margarine Mashed Potatoes & Gravy Juice Milk Variety	12 Corn dog Ketchup & Mustard Green Beans Fruit Brownie Milk Variety
15 Hamburger on Bun Ketchup/Mustard/Pickle French Fries Fruit Milk Variety	16 Hot Ham & Cheese Wrap Carrots Juice Pudding Milk Variety	17 Pizza Spring Salad & Dressing Fruit Milk Variety	18 Chili & Cracker/Cheese Cup Green Beans Juice Cookie Milk Variety	19 Hot Dog on Bun Ketchup & Mustard Baked Beans Fruit Milk Variety
22 Chicken Fajitas Lettuce/Cheese/Salsa Carrots Fruit Milk Variety	23 Breakfast For Lunch Scrambled Eggs Pancake Sausage on a Stick Diced Potatoes & Ketchup Juice Milk Variety	24 BBQ Pulled Pork Baked Beans Rosey Applesauce Rice Krispy Square Milk Variety	25 No School Parent - Teacher Conferences	26 No School Parent - Teacher Conferences
29 Cheese Sticks & Sauce Carrots Fruit Milk Variety	30 Spaghetti & Meat Sauce Hot Roll & Margarine Salad & Dressing Juice Milk Variety	31 Halloween Nuggets BBQ Sauce/Ketchup Broccoli Fruit T r e a t Milk Variety	1 Toasted Cheese Sandwich Baked Beans Juice Jell-O Milk Variety	2 Pizza Corn Fruit Milk Variety

** A Peanut Butter & Grape Jelly Uncrustable May be substituted for Any Main Entree

