





Mascoutah, Scott and Wingate Elementary
Breakfast Menu October 2017

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Choose One Yogurt With Fruit & Toast Bagelfull & Cream Cheese Cereal & Wheat Toast Fruit or Juice Milk Variety	3 Choose One Yogurt With Fruit & Toast Pancakes & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	4 Choose One Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	5 Choose One Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk Variety	6 NO SCHOOL TEACHER'S IN-SERVICE 
9 NO SCHOOL COLUMBUS DAY 	10 Choose One Yogurt With Fruit & Toast Pop Tart Cereal & Wheat Toast Fruit or Juice Milk Variety	11 Choose One Yogurt With Fruit & Toast French Toast & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	12 Choose One Yogurt With Fruit & Toast Breakfast Sandwich Cereal & Wheat Toast Fruit or Juice Milk Variety	13 Choose One Yogurt With Fruit & Toast Mini Cinni Cereal & Wheat Toast Fruit or Juice Milk Variety
16 Choose One Yogurt With Fruit & Toast Blueberry Muffin Cereal & Wheat Toast Fruit or Juice Milk Variety	17 Choose One Yogurt With Fruit & Toast Waffle & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	18 Choose One Yogurt With Fruit & Toast Scrambled Egg & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	19 No School Parent - Teacher Conferences	20 No School Parent - Teacher Conferences
23 Choose One Yogurt With Fruit & Toast Donut Cereal & Wheat Toast Fruit or Juice Milk Variety	24 Choose One Yogurt With Fruit & Toast Biscuit & Gravy Cereal & Wheat Toast Fruit or Juice Milk Variety	25 Choose One Yogurt With Fruit & Toast Pancake & Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety	26 Choose One Yogurt With Fruit & Toast Breakfast Pizza Cereal & Wheat Toast Fruit or Juice Milk Variety	27 Choose One Yogurt With Fruit & Toast Fru-del Cereal & Wheat Toast Fruit or Juice Milk Variety 
30 Choose One Yogurt With Fruit & Toast Blueberry Muffin Cereal & Wheat Toast Fruit or Juice Milk Variety	31 Choose One Yogurt With Fruit & Toast Oatmeal & Toast Cereal & Wheat Toast Fruit or Juice Milk Variety	1 Choose One Yogurt With Fruit & Toast Hot Honey Bun Cereal & Wheat Toast Fruit or Juice Milk Variety	2 Choose One Yogurt With Fruit & Toast Breakfast Sandwich Cereal & Wheat Toast Fruit or Juice Milk Variety	3 Choose One Yogurt With Fruit & Toast French Toast Sticks/Syrup Cereal & Wheat Toast Fruit or Juice Milk Variety

Mascoutah, Scott and Wingate Elementary
Lunch Menu October 2017

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog on Bun Ketchup & Mustard Baked Beans Fruit Scooby Snack Milk Variety	3 Hamburger on Bun Ket./Mustard/Pickle French Fries Juice Milk Variety	4 Turkey & Cheese On Bun Baked Cheetos Carrots Fruit Chocolate Chip Cookie Milk Variety	5 Nacho's With Meat & Cheese Sauce/Salsa Green Beans Juice Milk Variety	6 NO SCHOOL TEACHER'S IN-SERVICE DAY
9 NO SCHOOL COLUMBUS DAY 	10 Chicken Nuggets BBQ Sauce/Ketchup Mashed Potatoes/Gravy Juice Milk Variety	11 Texas Straw Hats Pinto Beans Fruit Scooby Grahams Milk Variety	12 Cheese burger Helper Bread & Margarine Peas Juice Pudding Milk Variety	13 Fun Fish & Ketchup Buttered Noodle Carrots Fruit Milk Variety
16 Hamburger on Bun Ketchup/Mustard/Pickle French Fries Fruit Milk Variety	17 Chicken Fried Steak Bread & Margarine Mashed Potatoes & Gravy Juice Milk Variety	18 Cheese Pizza Spring Salad & Dressing Fruit Milk Variety	19 No School Parent - Teacher Conferences	20 No School Parent - Teacher Conferences
23 Chicken Fajitas Lettuce/Cheese/Salsa Carrots Fruit Milk Variety	24 Breakfast For Lunch Scrambled Egg Patty Sausage Links Hash Brown & Ketchup Juice Milk Variety	25 Homemade Chicken Noodle Soup Cheese Stick Salad & Dressing Fruit Rice Krispy Square Milk Variety	26 Macaroni & Cheese W/Ham Broccoli Juice Milk Variety	27 Corn Dog Ketchup & Mustard Baked Beans Fruit Brownie Milk Variety
30 Cheese Sticks & Sauce Carrots Juice Milk Variety	31 Halloween Nuggets BBQ Sauce/Ketchup Mashed Potatoes & Gravy Orange Applesauce Trail Mix W/Candy Corn Milk Variety	1 Spaghetti & Meat Sauce Hot Roll & Margarine Spring Salad & Dressing Peaches Milk Variety	2 Toasted Cheese Sandwich Baked Beans Juice Jell-O Milk Variety	3 Pepperoni Pizza Green Beans Mixed Fruit Milk Variety

** A Peanut Butter & Grape Jelly Uncrustable With String Cheese May be substituted for Any Main Entree
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